

Instructor: Cindy Betka, BA, LADC

# Group Counseling



LMEP  
4600 Valley Road  
Lincoln, NE

Entrance 1  
Classroom 1

November 15-20, 2010

Registration: 7:30 AM

Class: 8:00 AM—5:00 PM

Credit Hours: 45  
Approval # 10.059

Cost: \$380.00

Participants will study processes and dynamics of group theory, as well as techniques and methods of group counseling and facilitation. Objectives for this course include identifying strengths and weaknesses of the group therapy and to identify the professional goals and ethics of group therapy such as confidentiality and legal issues.

## Objectives

- Differentiate between different theoretical approaches and techniques such as psychoanalytic gestalt and person centered.
- Identify strengths and weaknesses of the group approach.
- To determine curative factors for group therapy such as time, peer pressure, leadership skills, and belonging.
- To identify the states of group therapy.

## About the Instructor

Cindy has worked in the field of Chemical Dependency for over twenty years. She is currently the Chemical Dependency Counselor Supervisor for Youth Rehabilitation & Treatment Center in Geneva, NE. She has also been active in gymnastics as an instructor and owner of a gymnastics school.

This activity was supported in whole or part, from federal or state funds received from the Nebraska Department of Health and Human Services, *Division of Behavioral Health Services.*

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## Cancellation/Refund Policy

1. Notice of cancellation must be submitted in writing.
2. Cancellations received will be subject to a \$50.00 cancellation charge.
3. No refunds will be given after November 5, 2010.
4. Registrations are transferable with a fee depending on availability.

## REGISTRATION FEE INCLUDES:

Workshop instruction, book, materials, handouts, continental breakfast, afternoon snack, and CEU's approved for Nebraska Alcohol & Drug Counselor Continuing Education by the Department of Health and Human Services Regulation and Licensure Credentialing Division.

Name (please print)

Title

Company

Mailing Address/City/ State/Zip

Daytime Telephone

Birthday (month/day/year)

E-mail Address

## PAYMENT TYPE

Check enclosed, made payable to TAP, for the amount of \$\_\_\_\_\_

Or please charge my:  MasterCard  Visa  Discover

Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_ Three -digit security code on back \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Signature \_\_\_\_\_

Please Print or Type

**HOTEL ACCOMMODATIONS:** A special rate of \$49.00 was designed for participants at New Victorian Inn, 216 N 48th St, 402-464-4400. Tell them you are registering for a workshop with the TAP Program.

**Fax this form to:** 402-483-2882 **or Mail it to:** TAP Program, 4600 Valley Rd., NE 68510

Call TAP at 402-483-4581 ext. 328 or ext. 282 for any questions you may have.

I have read and accepted all the terms and conditions in the TAP Program Policies, which represents the entire understanding between myself (the participant) and the TAP Program and supersedes any prior statements or representation. By sending in this registration, I agree to the rules and regulations of the TAP Program.